

Talks 10... This is a message I put on our Spiritual Group regarding Astral Projection - it's when people go out of body, like you hear of happening on an operating table, when someone sees themselves from above, as in an out of body experience.

Science says there are billions of galaxies - there are groups of people who can visit these, i've experiences myself, so I know it happens.

I was reading about this man talking about the astral realms, and the billions of galaxies - when reading it, I thought he writes well. He is an experienced Astral Projector - there's group's of people on Facebook who can do this astral projecting, it's a rare gift.

And he was saying he'd seen many places in the universe, the dark lower astral realms hell, and could only get so far to the higher astral 'heaven' and he wasn't allowed any further. But what he was allowed to see of heaven was quote - 'simply beyond words' - people get involved in projects there and in good health, no pain, no fear - perfect.

Space website's say our universe has more planets than grains of sand on all our beaches, 'if' there are many of God's Earth like planets out there, and this being a low ranking one, it would explain a few things.

Since my NDE experience in 2015, then a hand on forehead and recovering fast - then seeing Angel Sparkles early morning's I've been shown and taught so much - and much guidance from the Holy Spirit, that took some working out tummy rumbling, restless legs in bed.

Anyone going through spiritual awakening, or seeing sometimes repeating numbers, yes difficult times - these can be approval or to do something, and dreams can be sent to work out, like puzzles.

So sometimes, or many times it's a hard journey for many of us - so remember be kind everyone, it has to be good for your karma - and yes, some of us were given a very difficult life plan 'to complete' it's what we do now that counts, as we understand more on life's journey.

Written by Stephen Simpson 2023.